

100K Course Details					
Location / From	Mileage to	To / Next landmark	Net Distance	Instructions	Next Aid
Start	0.90	Long Canyon Road	0.90	RIGHT	9.2
New San Juan	1.50	Trail Intersection	2.40	STRAIGHT	
New San Juan	0.60	Trail Intersection	3.00	STRAIGHT	
New San Juan	0.10	Chiquita Trail Junction DO NOT TURN	3.10	STRAIGHT	
Chiquita Junction	0.60	Viejo Tie DO NOT TURN	3.70	STRAIGHT	
Viejo Tie Junction (upper)	2.20	Sugarloaf	5.90	RIGHT	
Sugarloaf	2.00	Meadow Trail Intersection	7.00	STRAIGHT	
Meadow Trail Intersection	0.60	Trail Intersection	8.50	STRAIGHT	
Trail Intersection	0.30	Lower Blue Jay Gate	8.80	STRAIGHT	
Lower Bluejay Gate	0.40	Lower Blue Jay	9.20	LEFT	2.80
Falcon Trail	0.40	Long Canyon Road	9.60	LEFT	
Long Canyon Rd	0.60	Gate to Main Divide	10.20	LEFT	
Gate to No Main Divide	1.80	Trabuco Trail Aid Station	12.00	LEFT	5.20
Trabuco Trail	2.70	Horsethief Trail DO NOT TURN UPHILL	14.70	LEFT	
Horsethief Trail	1.50	Trabuco Trail Gate	15.30	STRAIGHT	
Trabuco Trail Gate	1.00	Holy Jim Canyon Aid Station	17.20	RIGHT	4.50
Holy Jim Canyon	0.50	Holy Jim Trail Head	17.70	STRAIGHT	
Holy Jim Trail Head	4.00	Bear Springs Aid Station *	21.70	LEFT	7.20
Bear Springs	2.80	Santiago Peak	24.50	RIGHT	
Santiago Peak	4.40	Maple Springs Aid Station	28.90	LEFT	7.10
Maple Springs	7.10	Silverado Canyon	36.00	RIGHT	3.20
Silverado Canyon	3.20	Bedford Peak	39.20	RIGHT	5.80
Bedford Peak	5.80	Maple Springs Aid Station	45.00	LEFT	7.20
Maple Springs	4.40	Santiago Peak	49.40	LEFT	
Santiago Peak	2.80	Bear Springs Aid Station *	52.20	STRAIGHT	3.40
Bear Springs	1.60	Indian Truck Trail DO NOT TURN	53.80	STRAIGHT	
Indian Truck Trail	1.80	Trabuco Peak Aid Station	55.60	STRAIGHT	3.70
Trabuco Peak	1.30	Horsethief Trail	56.90	STRAIGHT	
Horsethief Trail	2.40	Trabuco Trail	59.30	LEFT	
Trabuco Trail	1.80	Long Canyon Road	61.10	RIGHT	2.85
Long Canyon Rd	0.60	Falcon Trail	61.70	RIGHT	
Falcon Trail	0.40	Lower Blue Jay	62.10	LEFT	
Lower Bluejay	0.05	FINISH	62.15		

NOTE: ALL DISTANCES MEASURED WITH A GARMIN GPS or Lifted from a National Geographic Topo Map BOLD = AID STATIO

Notes
Immediate right onto Single Track (ST)
ST Generally Rocky - down hill
ST Generally good footing - down hill
ST Decomposed granite (DG) - flat
ST Compressed vegetation
ST Decomposed granite (DG) - rolling
ST Mixed footing very technical
ST Decomposed granite uphill
ST loose rocks uphill
Asphalt Road to Falcon Trail
ST rocky flat
Asphalt Road slightly up
Truck Trail (TT) UP
ST Rocky downhill
ST Mixed
TT slight down
TT slight UP
ST Several stream (narrow) crossing Very UP
TT up
TT down
TT first 4 miles then Asphalt Road
ST steep uphill
TT Rolling Up
TT Consistent Up
TT Down
TT rolling down
TT steep climb up
TT rolling some steep
TT rolling
TT DOWN
Asphalt Road
Rocky flat
IN * = DROP BAG